ADAMS COUNTY REENTRY RESOURCES

Updated:
August 2023Welcome home! This guide provides resources throughout Adams
County that may be helpful for those re-entering into the community.
All information gathered in this guide was found via online searches or
contacts who are connected to the resources.

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Food Resources

A list of food assistance contacts that can aid you throughout Adams County.

Adams County Food Pantry/FoodShare

The Adams County Food Pantry, located in Friendship, WI, is a great place to begin when searching for food assistance in Adams County. They keep a variety of food items in stock, as well as offer free or affordable toiletries and entertainment materials such as magazines. The food pantry also assists in enrolling people in the FoodShare program, which is a program designed to help those living on a low or fixed income purchase food from other grocery stores and farmers' markets.

Address and Location:

1874 State Highway 13, Friendship, WI 53934



Contact Information: Dinah Short, Adams County Food Pantry Coordinator

- Phone: (608)-393-2641
- Email: <u>adamsfp@cwcac.org</u>
- Website: <u>https://www.dhs.wisconsin.gov/foodshare/index.htm</u>

Hours of Operation: Wednesday 1:00 pm - 4:00 pm; Friday 9:00 am - 12:00 pm

- "FoodShare helps people of all ages with limited money buy the food they need for good health. This includes people who:"
 - Have low-income jobs
 - Live on a small or fixed income
 - Are retired
 - Have lost their jobs
 - Are disabled and can't work
- "FoodShare benefits are put into an account. This account is accessible by a Wisconsin QUEST card. The card can be used to buy food at grocery stores and at some farmers' markets."
- Serves individuals who are *not* living in the school district of Wisconsin Dells.

Friendship Connection – Free Lunch Monday & Wednesday

"The Friendship Connection, Inc. is a consumer-run, non-profit organization serving Adams and surrounding counties. It is run by the very members who comprise it, offering the chance for recovery, solace, and peace of mind by supporting, encouraging, and working with others who share similar conditions."

Address and Location:

117 South Main Street, Adams, WI 53910



Contact Information:

- Phone: *Call Deb at* (608)-339-6810
- Email: friendship_connection@yahoo.com
- Website: Currently no website is available, but they do have a Facebook page: <u>https://www.facebook.com/friendshipconnectioninc</u>

Hours of Operation: Free lunch Monday & Wednesday 12:00 pm - 2:00 pm Important Information:

- Free service for those who are looking for lunch
- If you have the means to bring a dish or a dessert to share, you are welcome to.
 - However, if you don't have the ability to contribute, you can still receive a meal!
- No fees or registration required for this service everyone is welcome!
- More information under "Social Support" later in this resource

School District of Mauston – Mauston Sharing Supper

"Mauston High School is the new location for Mauston Sharing Supper for the community. Individuals and families in need can receive a free meal. Other services to help out will be on location."

"The Mauston Sharing Supper is just one of the many ways the School District of Mauston works for the betterment of our community. The Sharing Supper is held on the last Thursday of every month and usually goes from 5:00 pm - 6:30 pm. It is free to all Mauston Community members and is sponsored by various area businesses throughout the year."

Address and Location:

800 Grayside Avenue, Mauston, WI 53948



Contact Information:

- Phone: (608)-847-5451
- Email: jhagemann@maustonschools.org
- Website: <u>https://www.maustonschools.org/community/</u>

Hours of Operation: <u>Thursday</u> 5:00 pm - 6:30 pm (**PLEASE NOTE:** meals are only served on the *last Thursday of the month*).

- Call ahead or simply show up on the scheduled day the meal is being served to receive a meal for yourself and for your family.
- No documents/ID/etc. required to receive aid.
- No cost completely open and free to those in need.

Second Harvest Food Bank of Southern Wisconsin

The Second Harvest Food Bank of Southern Wisconsin hosts a mobile food pantry that moves around different counties and cities throughout the state. They provide a calendar with dates and locations for each event. One of the counties that they serve is Adams County, offering assistance to those in need across Wisconsin.

Address and Location:

Adams-Friendship Middle School 420 North Main Street, Adams, WI 53910



Contact Information:

- Phone: (608)-223-9121
- Email: info@shfbmadison.org
- Website: <u>https://www.secondharvestmadison.org/find_food/adams-mobile-pantry/</u>

Hours of Operation: 3rd Wednesday of every month at 5:00 pm .

- The pantry runs for about an hour or until they run out of food, whichever comes first.
- No identification or proof of residence is necessary. Everyone in need is welcome.
- "We are following COVID safety guidelines and ask that you stay in your car with windows up while we load your trunk. If your trunk isn't available, or you are walking, you will be able to self-load your food."
- Each household will receive 60 pounds of food per month.
- Please bring bags and boxes to store your food in if you are able.

Wisconsin Dells Community Food Pantry

The Wisconsin Dells Community Food Pantry is offering its services to individuals who live within the Wisconsin Dells school district. The pantry is located at the Central Wisconsin Community Action Center office, which is also a resource for other needs, including housing and bill assistance.

Address and Location:

CWCAC Main Administrative Office 1000 Highway 13, Wisconsin Dells, WI 53965



Contact Information: Holly Weber, Wisconsin Dells Food Pantry Coordinator

- Phone: (608)-254-8353
- Email: <u>wiscdellsfp@cwcac.org</u>
- Website: <u>https://www.cwcac.org/offices/#dells</u>

Hours of Operation:

- Central Wisconsin Community Action Center: <u>Monday-Thursday</u> 8:00 am 4:30 pm
- Wisconsin Dells Community Food Pantry: <u>Tuesday</u> 9:00 am 12:00 pm; <u>Thursday</u> 1:00 pm - 4:00 pm

- Serves individuals who are living in the school district of Wisconsin Dells.
- **Note:** each household is allowed to visit the pantry once per week.
- Eligibility is based on income.
 - Focuses on serving those who are low-income or otherwise struggling with basic food necessities.
- Though located technically outside of Adams County, there may be individuals who live close enough to Wisconsin Dells to use these resources.

Housing Resources

A list of housing-related assistance contacts that can help you find a place to stay in Adams County.

CWCAC Homeless Assistance/Prevention

"This program provides one-time assistance to households – generally rent. This program actually combines different funding sources including Emergency Food & Shelter Program, National Exchange Bank, Salvation Army, and United Way. Client applications are reviewed and approved based on a number of criteria, including funding availability, the ability to positively resolve the crisis, and other factors."

Address and Location:

CWCAC Main Administrative Office 1000 Highway 13, Wisconsin Dells, WI 53965



Contact Information: Brian Downey, Adams County Case Manager

- Phone: (608)-254-8353, Extension 236
- Email: <u>brian@cwcac.org</u>
- Website: <u>https://www.cwcac.org/programs-services/homeless-</u> unit/?utm_source=canva&utm_medium=iframely

Hours of Operation: Central Wisconsin Community Action Center - <u>Monday-Thursday</u> 8:00 am - 4:30 pm

- Financial assistance is provided by the United Way of South Wood & Adams Counties.
- One-time rent assistance; eviction prevention assistance.
- Contact the Case Manager for Adams County (listed above) before applying for aid.
 - \circ $\;$ The Case Manager can provide you with more information.
- Verification of employment is required for some services.

Foundation for Rural Housing

The Foundation for Rural Housing, which serves 69 counties in Wisconsin, offers various services including rent assistance, mortgage assistance, utility and property tax assistance, and security deposit assistance. Please note that there are many specific criteria that an individual must meet in order to receive aid, listed below.

Address and Location:

No listed street address. P.O. Box 314, Oregon, WI 53575



Contact Information:

- Phone: (608)-238-3448
- Email: <u>wrh@wisconsinruralhousing.org</u>
- Website: <u>https://www.wisconsinruralhousing.org/our-programs</u>

Hours of Operation: No hours listed; call for more information.

- Applicants must be under the 50% County Median Income.
- Housing must be affordable going forward.
- Must have proof of potential income unemployment, child support, etc. included.
- If you are applying for social security disability or other benefits, you must submit an award letter.
- You may only apply for 1 type of assistance every 3 years.
- Applicants are typically processed within 5 business days.

Renewal Unlimited, Inc.

"Renewal Unlimited's Homeless Prevention Program assists low- to moderate-income families with housing costs in order to maintain stability. Applicants must contact the Housing Case Manager to complete a general intake application which is used to determine your eligibility."

Address and Location:

2900 Red Fox Run, Portage, WI 53901



Contact Information: Call Wendy to set up an appointment.

- Phone: (608)-742-5329, Extension 42
- Email: None listed. Please call or check the website for more information!
- Website: http://www.renewalunlimited.net/?page_id=559

Hours of Operation: Monday-Friday 8:00 am - 4:30 pm

- Please talk to the Housing Case Manager (info listed above) to fill out a general intake application.
- The Emergency Solutions Grant and Homeless Prevention Program have been designed for households with low to moderate income with long-term residential assistance of up to 12 months, eviction prevention, and utility assistance.
- Assistance is provided in the form of a grant, or 0% interest loan.
 - The loan is to be paid back using an affordable payment plan, which is set up between the recipient and Renewal Unlimited, Inc.

River Haven Homeless Shelter

"River Haven Homeless Shelter is located in Portage, WI, and provides shelter to homeless individuals and families. It is comprised of two shelters, one to serve single men and the other for single women and families. The mission of River Haven is to provide safe, temporary shelter to qualifying homeless individuals and families while providing them with guidance and connecting them to community resources to promote their independence. We also provide information about resources, social service agencies and managed guidance/support to make occupants take accountability for their future. Our goal is to guide clients to independence within a 30-day stay."

Address and Location:

108 East Pleasant Street, Portage, WI 53913



Contact Information:

- Phone: (608)-742-7687
- Email: riverhavenshelter@yahoo.com
- Website: <u>https://riverhavenshelter.org/</u>

Hours of Operation: <u>Monday-Friday</u> 8:00 am - 2:30 pm (**PLEASE NOTE:** the office is *closed* on weekends and holidays).

- Currently, River Haven is staffed by a full-time Case Manager Director and a parttime Case Manager.
- They have two shelters: one for single men, one for single women and families.
- Each house is also staffed by a House Assistant from 5:00 pm 8:00 am.
 - "The House Assistant is a live-in volunteer and manages the residents and goings on at the shelter. This person then reports to the Case Managers if there are any issues or problems that need to be resolved."

- Families/individuals staying in the shelter will have access to laundry facilities, full kitchens, and bathrooms.
- Residents are required to sign up or apply for services within the community, including but not limited to:
 - FoodShare
 - BadgerCare
 - FSET
 - W2
- Feel free to call for more information!

Forward Service Corporation – Emergency Assistance

The Forward Service Corporation's Emergency Assistance Program aids families who are at risk of losing their housing. They help pay their mortgages, as well as assist in security deposits and keeping utilities from being shut off.

Address and Location:

Mid-State Technical College Adams Campus 401 North Main Street, Adams, WI 53910



Contact Information:

- Phone: (608)-472-4045
- Email: No email address is listed, but you can reach them via email on their website.
- Website: <u>https://fsc-corp.org/stores/adams/</u>

Hours of Operation:

- Monday-Thursday 8:00 am 7:00 pm
- Friday 8:00 am 4:30 pm
- <u>Saturday</u> 9:00 am 1:00 pm

- They offer financial assistance for those who cannot afford their rent or mortgage. They also have assistance for those who received an eviction notice or foreclosure notice.
- "We help families make a first month's payment or pay their security deposit, so they can move into a safe home. If you are living in a shelter or temporary living place, have left your home due to domestic violence, or have lost your home to fire, flood, or natural disaster, please contact us."
- Additionally, they aid those who have heat and/or electricity bills that are past due, received a disconnect notice for their utilities, or have already had their utilities shut off.
 - They may be able to help you make a payment.
- Located inside the Mid-State Technical College building in Adams, WI.
 - They also have helpful resources for education and employment inside.
- They have an Emergency Assistance Application that must be filled out.
 - The link for the application can be found here: <u>http://www.fsc-corp.org/wp-content/uploads/2016/05/English-EA-Application.pdf</u>

Education Resources

This section provides resources for those residing in Adams County who wish to further their education after incarceration.

Enhanced Skills Program – CWCAC

"In November 2005 we entered into a contract with the Department of Workforce Development to increase the income and economic self-sufficiency of working poor households by helping adult members acquire the skills needed to obtain higher paying jobs with health insurance benefits."

Address and Location:

CWCAC Main Administrative Office, 1000 Highway 13, Wisconsin Dells, WI 53965



Contact Information: Lynette Ives, Program Manager

- Phone: (608)-432-4359
- Email: <u>lynette@cwcac.org</u>
- Website: <u>https://www.cwcac.org/programs-services/enhanced-skills-program/</u>

Hours of Operation: Central Wisconsin Community Action Center - <u>Monday-Thursday</u> 8:00 am - 4:30 pm

- "The Enhanced Skills program is not intended to assist individuals who wish to attend school full-time, who expect to be in training for a long time, for those who are not working, or for those whose training will not result in increased self-sufficiency."
- Assistance in training plans, problem-solving, career assessment, accessing community resources, and job search.

- This program is for short-term certificate programs such as Certified Nursing Assistant, Phlebotomy, HVAC Technician, Welder, EMT, Massage Therapist, Personal Trainer, etc.
- Must be 18 or older.
- Must be at or below 150% of poverty line.
- Must be employed minimum of 20 hours per week and MAINTAIN employment during training.
- Must work with the Job Skills Coach on developing a training plan.
- Must apply for financial aid or other programs for which they may be eligible.
- Must maintain residence in Wisconsin.
- The application for the Enhanced Skills Program can be found here: <u>https://www.cwcac.org/wp-content/uploads/2023/03/Enhanced-Skills-</u> <u>Application.pdf</u>

Mid-State Technical College & LiNK Program

Mid-State Technical College, located in Adams, WI, provides academic resources to aid in success. The LiNK Program, specifically, offers free help getting your GED/HSED and enrolling in courses at the college.

Address and Location:

Mid-State Technical College Adams Campus 401 North Main Street, Adams, WI 53910



Contact Information:

- Phone: (608)-422-5470
- Email: None listed. Please call or check the website for more information!
- Website: <u>https://www.mstc.edu/student-services/link</u>

Hours of Operation:

- Tuesday and Thursday 10:00 am 5:00 pm
- Friday and Saturday 9:00 am 1:00 pm

Important Information:

- No admission requirements, tuition, fees, etc. for LiNK classes.
- You can enroll anytime throughout the year designed to be a "work at your own pace" kind of program.
- Assistance preparing to get your GED/HSED.
- Two ways future students can enroll in programs:
 - 1 Schedule a virtual meeting with a staff member.
 - 2 Schedule an in-person meeting with a staff member.
 - More contact information is provided above.
- Mid-State Technical College also offers a **free** shuttle service to other campuses if there is a different campus in the state that has a program you'd be more interested in.

Western Technical College – Tomah Campus

Individuals looking to complete their GED/HSED, as well as go on to pursue higher education, can enroll at Western Technical College. They have two campuses in the Adams County area, one located in Mauston and the other located in Tomah. GED/HSED testing is only available at the Tomah Campus.

Address and Location:

WTC - Tomah Campus 120 East Milwaukee Street, Tomah, WI 54660



Contact Information:

- Phone: (608)-374-7700
- Email: tomah@westerntc.edu
- Website: <u>https://www.westerntc.edu/tomah</u>

Hours of Operation: None listed – please call or email for more information.

- Wisconsin residents can choose between getting their GED and HSED from Western Technical College.
- To earn a GED, you must meet the following requirements:
 - 181⁄2 years old or older
 - Have completed the state-mandated Orientation/Careers/Employability Skills class.
 - More info on this class can be found here: <u>https://dpi.wi.gov/sites/default/files/imce/cte/pdf/esimpleguide.pdf</u>
 - Pass the Civic Literacy Test
 - Pass the GED Tests
- To earn an HSED, you must meet *all of the above* requirements, and additionally, you must complete coursework or testing in:
 - Health
 - Employability skills

Employment Resources

This section can aid individuals returning to Adams County in finding employment opportunities upon re-entry to their community.

Adams Job Center

The Adams Job Center, located in the Mid-State Technical College (Adams Campus), can be used for many different needs, including resume assistance, help with applying for local jobs in the area, job placement and assistance for veterans, and job applications for positions located not only locally but also statewide and nationwide.

Address and Location:

Mid-State Technical College Adams Campus 401 North Main Street, Adams, WI 53910



Contact Information:

- Phone: (608)-339-9559
- Email: <u>adamscountyjobcenter@gmail.com</u>
- Website: <u>https://www.jobcenterofwisconsin.com/</u>

Hours of Operation: Tuesday-Thursday 8:00 am - 4:00 pm

- The Adams Job Center offers many employment-related services . They can help you build a resume, navigate the Internet, look through local newspaper listings, and assist you with applying for a job that will be the best fit for you.
- They also offer free fax and phone lines, as well as help people search for jobs online.
- Call, email, or visit the website for more information on how the Adams Job Center can help you.

UMOS – Transitional Jobs Program

"UMOS' Transitional Jobs programming helps eligible participants progress from unemployment, to assisted (subsidized) employment, to self-sufficiency (unsubsidized) employment. Through this program, UMOS is able to offer immediate work with pay, in addition to job coaching, employability planning, life skills development, vocational training, as well as job search assistance."

Address and Location:

Transitional Jobs - Black River Falls Office 21 South 2nd Street, Black River Falls, WI 54615



Contact Information:

- Phone: (414)-294-3090
- Email:
 - Adams County Contact <u>david.frechette@umos.org</u>
 - General Information info@umos.org
- Website: <u>https://www.umos.org/how-we-help/workforce-development/transitional-jobs/</u>

Hours of Operation: None listed – please call or email for more information.

- Serves individuals in the following counties: **Adams,** Clark, Jackson, and Juneau.
- A case worker from UMOS will help pair individuals with host companies who are looking for employees to hire.
- "UMOS then mobilizes funding from the Wisconsin Department of Children and Families to subsidize this new worker's wages for an introductory period."
 - This takes the financial burden off both the individual who is employed and the host company, allowing for both to achieve stability and a good working relationship.
- "This works to decrease poverty and homelessness, increase the economic stability of individuals and families, forge a self-sufficient labor force, and create a stronger community."

Adams County WIOA

"There are so many career options out there today that it gets hard to choose just one. Plus, everything changes so fast and many of today's hottest jobs didn't even exist 10 years ago. Whether you are just out of high school, have been working for a while, or been laid off from your job, WIOA can help you map a new career path. We'll work together to find your best options and get you the training and education to get started."

Address and Location:

Mid-State Technical College Adams Campus 401 North Main Street, Adams, WI 53910



Contact Information:

- Phone: (608)-472-4045
- Email: None listed. Please call or check the website for more information!
- Website: <u>https://fsc-corp.org/stores/adams/</u>

Hours of Operation: Monday-Tuesday 8:00 am - 4:30 pm

- Services offered include:
 - Career counseling discuss which careers interest you most, receive assistance preparing a resume, and find job openings.
 - Financial education learn how to manage your finances, build credit, and save money.
 - Job training offers free courses to train for a job or career that you are interested in.
 - Work experience gain experience in a career path that interests you before applying for higher-up positions.
 - Money for education financial assistance for job training or for pursuing higher education.

- To apply, fill out the contact form located on their website: <u>https://fsc-corp.org/our-services/wioa/wioa-referral-form/</u>
- WIOA stands for the Workfore Innovation and Opportunity Act. WIOA was designed to help residents get the training and education to launch careers in local industries. At the same time, WIOA also provides a steady stream of workers to area businesses to keep the economy growing.
- Services offered are broken down into three populations: youth, adult, and dislocated workers.

Healthcare Resources

This section provides resources for both physical and mental healthcare in Adams County.

Mile Bluff Medical Center

Mile Bluff Medical Center has several locations around the Adams County area, including Mauston and Wisconsin Dells, that offer a variety of services. The services these clinics and hospitals in the area provide range anywhere from primary care to gynecology to emergency services to pediatrics. They also offer financial assistance for those who are unable to afford healthcare services for a variety of reasons.

Address and Location:

Mile Bluff Medical Center 1050 Division Street Mauston, WI 53948 **Please note:** There are many more locations for other hospitals and clinics available on their website.



Contact Information:

- Phone: (608)-847-6161
- Email: None listed. Please call or check the website for more information!
- Website: <u>https://www.milebluff.com/</u>

Hours of Operation:

- Emergency Room: Open 24 hours a day, 7 days a week
- Urgent Care: <u>Monday-Friday</u> 3:00 pm 10:00 pm; <u>Weekends and Holidays</u> 9:00 am -9:00 pm
 - **Please note:** Hours are subject to change. Call for more information.

- Services offered at the Mile Bluff Medical Center in Mauston include:
 - Anesthesia
 - Emergency Services
 - Laboratory
 - Orthopedics
 - Surgery
 - Women's Health

- Cancer Care
- Medical Imaging
- Respiratory Care
- Infusion Therapy
- Nutrition
- Podiatry (Foot Care)
- Urgent Care
- Wound Care
- "Mile Bluff offers programs to ensure that all members of the communities we serve are able to access medically-necessary care, regardless of their ability to pay.
 Patients who meet financial requirements (based on family size and income) can receive help with their bills through discounts offered under these programs. All may apply."
- Services received in the clinic setting are eligible for Sliding Fee Scale pricing.
 - "A medically-necessary service is defined as care that is non-elective and needed in order to prevent death or negative effects to your health."
 - Non-medically-necessary procedures are not covered by this pricing.
 - "This practice serves all patients regardless of the ability to pay. Services will not be denied due to the inability to pay. A sliding fee scale discount for medically-necessary services is offered based on family size and income.

Please ask for a sliding fee scale application at the registry desk."

- A sliding fee scale is a determination made by the hospital or clinic about how much procedures will cost based on factors such as income and family size.
- To apply for this program, you must submit a completed application, along with all required supporting materials requested in the form.
 - The form can be found here: <u>https://www.milebluff.com/images/application-</u> 2022.pdf
 - You may also submit the application in person, through the mail, or by fax.

Tomah VA Medical Center

"Our vision is to excel in patient-centered Primary Care, Whole Health, Mental Health, Rehabilitative, and long-term healthcare, and partnering with other VHA and community organizations to provide a fully integrated continuum of care. As a servant-led institution, we will develop a culture of excellence as a High-Reliability Organization responsive to the changing needs of Veterans. Initiatives will be shaped by technology, research, and evidence-based practices. Care is delivered by engaged collaborative teams in an integrated environment that supports learning as well as continuous and sustained improvement. We embrace change and constantly reinvent our organization to meet the changing needs of the Veteran, healthcare best practices, and national VA guidance and direction."

Address and Location:

500 East Veterans Street, Tomah, WI 54660



Contact Information:

- Phone: (608)-372-3971
- Email: None listed. Please call or check the website for more information!
- Website: <u>https://www.va.gov/tomah-health-care/</u>

Hours of Operation: Open 24 hours a day, 7 days a week.

- The Tomah VA Medical Center offers a wide variety of services, including:
 - Filling prescriptions and other pharmacy services
 - Primary care
 - Alcohol/substance use care
 - Sexual trauma care
 - Psychiatry/PTSD care
 - Diabetic care
 - Dental/oral care
 - Cardiology (heart)

- Dermatology (skin)
- Neurology (brain)
- Optometry (eyes)
- Pulmonary (lungs and breathing)
- Sleep medicine (CPAP therapy)
- Surgery
- In addition to physical and mental healthcare services, they also offer various social support services, including:
 - Homeless veteran care (transitional/supportive housing)
 - LGBTQ+ veteran care
 - Veteran care for minority communities
 - Patient advocates and social work
- In addition to having the Tomah Medical Center location, the VA also has a mobile clinic to assist veterans who cannot come in person to the Tomah clinic.

Aspirus Riverview Clinic

The Aspirus Riverview Clinic in Adams, WI has a variety of physical healthcare services. They also have a Sliding Fee Scale policy, which states that nobody will be turned away or refused service because they cannot afford them. Rather, they will base your fees on your income status and other factors. More information will be discussed below.

Address and Location:

419 North Oak Street, Adams, WI 53910



Contact Information:

- Phone: (608)-339-5250
- Email: None listed. Please call or check the website for more information!
- Website: <u>https://www.aspirus.org/find-a-location/aspirus-riverview-clinic-adams-457</u>

Hours of Operation: <u>Monday-Friday</u> 7:30 am - 4:00 pm Important Information:

- Services provided at this location include:
 - Children's Health
 - Family medicine
 - Laboratory services
 - Women's Health
 - Diabetes care
 - Imaging (radiology)
 - Primary care
- Sliding Fee Scale Policy "At Aspirus, no one will be denied services regardless of insurance status or ability to pay. If you have insurance, we can help you understand it and use it. For patients who are uninsured or underinsured, we offer a sliding scale fee based on your income and family size. If you are unsure if you qualify for the sliding fee discount scale, our Access and Enrollment Specialists can help. We can also answer your questions about Medicare and Medicaid."

Gundersen Moundview Hospital and Clinic

Gundersen Moundview Hospital in Friendship, WI offers many healthcare services for those in need. They have a very extensive list of physical healthcare services, and more information can be found on their website listed below. They also provide financial aid for individuals without health insurance. More information about costs and insurance can be found on their website.

Address and Location:

402 West Lake Street, Friendship, WI 53934



Contact Information:

- Phone: (608)-339-3331
- Email: None listed. Please call or check the website for more information!
- Website: <u>https://www.gundersenhealth.org/locations/gundersen-moundview-hospital</u>

Hours of Operation: Open 24 hours a day, 7 days a week.

Important Information:

- Many services are available please check the website link above for the full list.
- They have a pharmacy included in the hospital:
 - Gundersen Moundview Pharmacy 402 West Lake Street, Friendship, WI 53934 (Suite 1)
- Since they are a hospital, they offer various emergency and urgent care services.
 - However, they are also a clinic, so individuals can make appointments to get healthcare needs addressed that are not life-threatening or urgent.
- In addition to having a clinic and a hospital, they also offer eye care for individuals who need a vision prescription.
- If you do not have access to the Internet, more information can be found by calling the number above.

Healthfirst Network – Reproductive Health Clinic

"Healthfirst is dedicated to providing quality, confidential reproductive health care, education, and nutrition counseling that is affordable and accessible through direct care and strategic partnerships."

Address and Location:

500 Main Street, Friendship, WI 53934



Contact Information:

- Phone: 1-(800)-246-5743
- Email: None listed. Please call or check the website for more information!
- Website: <u>https://healthfirstnetwork.org/</u>

Hours of Operation: Tuesday 10:00 am - 6:00 pm Friday 8:30 am - 2:30 pm

- Healthfirst Network's core values:
 - Providing confidential services
 - Treating all with respect and dignity
 - Empowering through education
 - Maintaining honesty and integrity
 - Being kind, caring, and empathetic
 - Committing to innovative, high-quality, evidence-based services
- They provide a variety of services, including:
 - Pap smears
 - Vaginal checks
 - Colposcopy (removing precancerous spots on the cervix)
 - UTI & yeast infection testing and treatment
 - Pregnancy testing
 - Sexually transmitted infection testing and treatment
 - Contraceptives (including condoms, long-lasting contraceptives such as IUDs, and emergency contraceptives)
 - Health education
- They also provide aid for survivors of sexual assault or domestic violence.
- Financial assistance is available through Medicaid; additionally, Healthfirst Clinic operates on a Sliding Fee Scale.
 - To find out what financial assistance you may qualify for, please call the number listed below.

Mauston Dental Center

"You are welcome here. In fact, your whole family is welcome here. Your teeth and oral health are critical to living a happy, pain-free life. We accept many forms of insurance, provide service to every person covered by Medicaid in Wisconsin – and offer financial assistance. We are committed to working with you, no matter your financial situation."

Address and Location: 880 Herriot Drive Mauston, WI 53948



Contact Information:

- Phone: (608)-847-6700
- Email: websiterequest@famhealth.org
- Website: <u>https://famhealth.org/services/dental/</u>

Hours of Operation:

- Monday and Thursday 7:30 am 7:00 pm
- Tuesday and Wednesday 7:30 am 6:00 pm
- Friday 7:30 am 5:00 pm

- Insurances accepted include Medicaid (BadgerCare), Medicare, and private insurance.
- They also accept those without health or dental insurance.
 - They operate on a Sliding Fee Scale; call ahead to find out what financial assistance you may qualify for.
- Services include:
 - Dental cleaning and exams
 - Emergency dental; restoration and treatments
 - Kids' dentistry
- **Please note:** currently, there is a waitlist for dental services. Please call the number above for more information about the waitlist.

Adams County Health & Human Services – Behavioral Healthcare

"The Behavioral Health Division provides clinical services that provide a full range of mental health and alcohol and other drug abuse treatment services. Services include crisis, mobile crisis, ongoing mental health, and AODA therapies, psychiatric and psychological services, medication monitoring, intensive case management, and service coordination."

Address and Location: No image is available online.

108 East North Street, Friendship, WI 53934

Contact Information: Adam Short, Behavioral Health Manager

- Phone: (608)-339-4505
- Email: <u>adam.short@co.adams.wi.us</u>
- Website: <u>https://www.co.adams.wi.us/departments/health-human-services/behavioral-health</u>

Hours of Operation: Monday-Friday 8:00 am - 4:30 pm

Important Information:

- Psychiatry services are offered through the Adams County Department of Health & Human Services.
 - "Psychiatry services for Adams County residents include psychiatric evaluation, medication management, and nurse case management. Also on staff at our agency is a psychiatrist and psychiatric mental health nurse practitioner. Client goals are reached through partnerships with mental health and AODA staff, Coordinated Services staff, and Adams County jail partnerships."
- If you are in need of psychiatry services and are an Adams County resident, please print and fill out an intake form or stop by the Adams County Health and Human Services Department to complete the intake form. The online intake form can be found here:

https://drive.google.com/file/d/1_gbKrLgYlOmM8BQRdsTE2R7dRX6uaooA/view

- In addition, the department offers Crisis Services:
 - "Adams County Crisis contracts with Northwest Connections for 24-hour Mental Health and AODA Crisis assistance. Northwest Connections can be contacted at 1-(888)-552-6642."
 - Adams County Crisis also provides an emergency appointment slot for people who are in need of intervention, but not so severe as to be lifethreatening. Additionally, Crisis provides linkage and coordination services for walk-in clients wishing to begin mental health services.

Roche-A-Cri Community Recovery Center / Family Health La Clinica – Mental Healthcare

"Family Health La Clinica's behavioral health professionals are ready to support you on your journey. Whether you're struggling with depression, anxiety, stress, or mental illness, we're proud of you for considering therapy and counseling. Our behavioral health specialists are here to help you live your best life. Start the conversation today."

Address and Location:

302 West Lake Street, Friendship, WI 53934



Contact Information:

- Phone: (608)-474-4355
- Email: websiterequest@famhealth.org
- Website: <u>https://famhealth.org/services/behavioral-health/</u>

Hours of Operation:

- Monday, Wednesday, Thursday, Friday 8:00 am 5:00 pm
- <u>Tuesday</u> 8:00 am 7:00 pm

- Patient Service Navigators can assist individuals in discussing financial assistance.
- For individuals who are uninsured or low-income, Roche-A-Cri operates on a Sliding Fee Scale system.
 - Call for more information on what you are eligible to receive.
- Offers Outpatient Recovery Services, including:
 - Counseling (individual, group, and family)
 - Medication-assisted treatment
 - Community-based recovery support (more information under the Substance Use Disorder Resources sub-heading included in this guide).

Resources for Substance Use Disorders

These resources can help individuals struggling with Substance Use Disorders who are returning to Adams County.

Area 75 Meetings – Alcoholics Anonymous in Southern Wisconsin

"Meetings provide an opportunity for individuals to connect with others in a confidential, anonymous setting for sharing of a common experience. If meetings are listed as closed, then only people with a desire to stop drinking may attend. If the meeting is listed as open, then anyone may attend. Adams County is part of Area 75, District 18."

Address and Location: No address/location is available, as meeting locations vary. Please check the website for the address of the meeting you'd prefer to attend.

Contact Information:

- Phone: (608)-222-8989
- Email: webmaster@area75.org
- Website: <u>https://mtg.area75.org/meetings.html?dist=18</u>

Hours of Operation:

- Phone and website services are updated 24 hours a day, 7 days a week.
- Meeting times may vary.

- "Use the Alcoholics Anonymous website to find local meetings. Click on A.A. Near You or select a zip code on the left side of the page."
- Membership is open to anyone who wants to act on or eliminate their problem with consuming alcohol.
- **Note:** meeting times and locations may vary. *Please call or use the website for meeting information.*

Narcotics Anonymous Meeting Schedule – Adams County

"Wisconsin Region of Narcotics Anonymous (NA) meetings provide an opportunity for experienced members (known as sponsors) to partner with newer members in their recovery journey. The core of the NA program is the Twelve Steps. These "steps" are a set of guidelines outlining a practical approach to recovery. By following these guidelines and working closely with other members, addicts learn to stop using drugs and face the challenges of daily living. See the website for local meeting information. If meetings are listed as closed, then only people with a desire to stop using may attend. If the meeting is listed as open, anyone may attend."

Address and Location: No address/location is available, as meeting locations vary. Please check the website for the address of the meeting you'd prefer to attend.

Contact Information:

- Phone: (608)-232-9615
- Email: pr@wisconsinna.org
- Website: <u>https://wisconsinna.org/</u>
 - Additionally, here is another website that provides meeting locations and times: <u>https://www.na.org/meetingsearch/</u>

Hours of Operation:

- Phone and website services are updated 24 hours a day, 7 days a week.
- Meeting times may vary.

- "Narcotics Anonymous is a nonprofit fellowship or society of men and women for whom drugs have become a major problem."
- Visit the website for more information and to locate area services; walk in to visit a meeting.
- NA meetings are free to attend, but if you are willing and able, donations are appreciated.
- Please call or email to find out when and where meetings will be held.

Family Health La Clinica – Substance Use Treatment and Addiction Recovery (Friendship)

"Our healthcare professionals and substance abuse counselors can help you build lasting sobriety. We want to be your safe space as you deal with addiction's complex issues. We take a comprehensive approach to substance abuse treatment and addiction recovery that looks beyond the disease to see you. You deserve professional care, compassion, and tailored recovery support."

Address and Location:

302 West Lake Street Friendship, WI 53934



Contact Information:

- Phone: (608)-474-4355
- Email: <u>websiterequest@famhealth.org</u>
- Website: <u>https://famhealth.org/services/substance-abuse-recovery/</u>

Hours of Operation:

- Monday, Wednesday, Thursday, Friday 8:00 am 5:00 pm
- Tuesday 8:00 am 7:00 pm

- "If you're exploring help, you're one step closer to lasting recovery."
- The Substance Use Treatment Clinic offers recovery resources for the following:
 - Alcohol addiction
 - Opioid addiction
 - Cocaine addiction
 - Meth addiction
- Despite listing these specific substances, they also mention that they are willing to help no matter the classification of the addiction.
- "Our treatment plans support the whole person and address the life issues making recovery harder."

- They treat individuals with a substance use disorder by utilizing:
 - Substance use counseling and case management
 - Community-based recovery support
 - Assessments for alcohol and other drug use, mental health, and recovery planning
- They offer services to individuals who are under-insured or uninsured through the use of a Sliding Fee Scale.
 - Please check the website or call for more information on pricing.

North Star Comprehensive Community Services (CCS)

"Comprehensive Community Services (CCS) is a program for individuals of all ages who need ongoing services for a mental illness, substance use disorder, or a dual diagnosis beyond occasional outpatient care, but less than the intensive care provided in an inpatient setting."

Address and Location:

450 East State Street Adams, WI 53910



Contact Information:

- Phone: (608)-339-7600
- Email: <u>l.westnstar@gmail.com</u>
- Website: <u>https://www.co.adams.wi.us/departments/health-human-</u><u>services/coordinated-services/comprehensive-community-services</u>

Hours of Operation: Monday-Friday 8:00 am - 3:00 pm

- "The individual works with a dedicated team of service providers to develop a treatment and recovery plan to meet the individual's unique needs and goals."
- A community-based approach that promotes a healthier life and more satisfaction.
- "North Star Services, Inc. staff are CCS Certified and receive monthly continuing education and training."
- CCS Basic Eligibility:
 - Adams County resident
 - Eligibility for medical assistance
 - Have a current mental health and/or substance use diagnosis
 - Functional limitation in one or more major life activities caused by mental health or substance use issues as measured by the state screening tool
 - Need for psychosocial rehabilitation services
 - Must be able to obtain a current physician authorization for services
- Please call or email for more information on eligibility.
- There is no cost associated with CCS services.

Friendship Connection – Alcohol and Other Drug Use Support Group

"The Friendship Connection will hold an Alcohol and Other Drug Use Support Group at their location. This is a casual group led by peers."

Address and Location:

117 South Main Street Adams, WI 53910



Contact Information:

- Phone: (608)-339-6810
- Email: friendship_connection@yahoo.com
- Website: Currently no website is available, but they do have a Facebook page: *The Friendship Connection, Inc.* <u>https://www.facebook.com/friendshipconnectioninc</u>

Hours of Operation: Monday-Friday 11:00 am - 4:00 pm

• **Please note:** these hours are the general business hours of the Friendship Connection office. Please call or email to learn specific times for support group meetings.

- No eligibility requirements (documents, proof of residency/income/employment).
- Everyone is welcome.
- Supportive, casual, and encouraging group discussions about alcohol and other drug use.
- No fees are associated with attending the meetings.
- Please call or email for meeting dates and times, as well as more details on what the meetings will include/cover.

Social Support Resources

Social support is a very important part of re-entry, and these Adams County resources can be utilized in order to give individuals a sense of support and belonging.

Compass Counseling – Portage

"Compass Counseling is a state-certified outpatient mental health clinic serving individuals, couples, and families. Staffed by master-level therapists, Compass Counseling values and adheres to a professional code of ethics that promotes confidentiality, professionalism, and effective clinical treatments. The clinical team believes that individuals are influenced by the behavioral patterns in their families/relationships; therefore, they acknowledge this strong factor and how it may play a role in the treatment."

Address and Location:

1508 New Pinery Road Portage, WI 53901



Contact Information:

- Phone: (608)-745-4900
- Email: michellen@compasscounseling.info
- Website: <u>https://www.compasscounseling.info/</u>

Hours of Operation: Monday-Thursday 8:00 am - 5:00 pm

- Services offered at Compass Counseling include:
 - Individual Psychotherapy
 - Family Therapy
 - Marital/Relationship Counseling
- Individual Psychotherapy:
 - "Individual therapy involves meeting one on one with a therapist to address emotional, social, and/or behavioral concerns."
 - Services are offered to children, adolescents, and adults.

- Sessions for children and adolescents always require a parent/guardian for the initial session and the parental/guardian involvement in future sessions will be discussed at that time.
- Family Therapy:
 - Family therapy can include all family members (immediate, stepfamilies, and sometimes extended families). The purpose of family therapy is to help families deal with concerns or difficulties that are interfering with how the family functions.
 - Topics that may be addressed include, but are not limited to:
 - Improve communication
 - Resolve conflict
 - Use more effective parenting strategies
 - Create an effective home environment
 - Conquer life transitions (i.e death/grief, divorce, belnded families, new baby)
- Marital/Relationship Counseling:
 - Couples experience a range of concerns that interfere with the health of their relationship. Therapists can address concerns for couples at any stage of their relationship.
 - Pre-marital, marital, and divorce counseling is available.
- You have the right to receive a "Good Faith Estimate", explaining how much your medical care will cost.
 - People providing healthcare are obliged, under the No Surprises Act, to inform individuals who are uninsured of an estimate of their bill for services.
 - Check the website listed above for more information on the Good Faith Estimate (GFE) policy.

The Friendship Connection, Inc.

"The Friendship Connection, Inc. is a consumer-run, non-profit organization serving Adams and the surrounding counties' Center for Adults in Recovery. It is run by the very members who comprise it, offering the chance for recovery, solace, and peace of mind by supporting, encouraging, and working with others who share similar conditions."

Address and Location:

117 South Main Street Adams, WI 53910



Contact Information:

- Phone: (608)-339-6810
- Email: friendship_connection@yahoo.com
- Website: Currently no website is available, but they do have a Facebook page: *The Friendship Connection, Inc.* <u>https://www.facebook.com/friendshipconnectioninc</u>

Hours of Operation: Monday-Friday 11:00 am - 4:00 pm

• **Please note:** these hours are the general business hours of the Friendship Connection office. Please call or email to learn specific times for events.

- Opportunities include:
 - All-recovery group
 - Healthy cooking classes
 - Free lunches (see Food Resources sub-heading in this guide)
 - One-on-one/group counseling
 - Socializing
 - Free library
- Supportive, low-key, relaxing environment for individuals to bond and share individuals' stories.
- Please call or check their Facebook page for events, meetings, and more.

Hope House of South Central Wisconsin

"Our Mission: To prevent abuse and provide support to victims of domestic and sexual violence. Our service area includes Sauk, Columbia, Juneau, Marquette, and **Adams** Counties."

Address and Location:

Hope House of South Central Wisconsin Resource Center 720 Ash Street, Baraboo, WI 53915



Contact Information:

- Phone: (608)-356-9123
- Email: None listed. Please call or check the website for more information!
- Website: <u>https://www.hopehousescw.org/</u>

Hours of Operation: Monday-Friday 8:00 am - 4:30 pm

- Offers emergency shelter, food, clothing, support groups, legal assistance, resources for counseling, and transportation.
 - Also provides services for sexual assault victims.
 - Prevention information and community domestic violence education are available.
- They offer a 24/7 confidential helpline:
 - "People who call our helpline include those who have experienced or are experiencing domestic abuse, dating abuse, sexual abuse or assault, child abuse, sex trafficking, elder abuse, and/or stalking. People who are concerned about someone else who may be experiencing these issues, such as friends, family members, neighbors, co-workers, patients, clients, etc. are also welcome to call."
 - Keep in mind: if you are experiencing an emergency, please call 911.

Other/Miscellaneous Resources

These resources do not fit into one specific category and could be used to help individuals in Adams County after incarceration in a variety of ways.

Adams County Public Library

The Public Library can be a great place to start your search for resources upon re-entering your community. Often, they offer a free library card which offers you access to computers and printers, free Wi-Fi, job posting information, and many other resources that may be helpful.

Address and Location:

569 North Cedar Street Adams, WI 53910



Contact Information:

- Phone: (608)-339-4250
- Email: <u>aclibrarywisc@gmail.com</u>
- Website: <u>https://www.adamscountylibrary.info/</u>

Hours of Operation:

- Monday-Wednesday 9:00 am 7:00 pm
- Thursday 1:00 pm 7:00 pm
- Friday 9:00 am 5:00 pm
- <u>Saturday</u> 10:00 am 2:00 pm

Legal Action of Wisconsin – Reentry Legal Services Program

"The Reentry Legal Services Program represents incarcerated people as they approach their release from prison. We assist in applying for disability, health care, and other public benefits. In doing so, we seek to increase our clients' economic stability, provide them with access to health care, and reduce homelessness, relapses in criminal behavior, and other negative outcomes. We receive referrals through the Wisconsin Department of Corrections and work with clients prior to and after their release into the community. If you have questions about this program, please contact the program manager nearest you."

Address and Location: 300 Ohio Street Oshkosh. WI 54902



Contact Information:

- Phone: (855)-947-2529
- Email: Erica Loomis, Oshkosh Area Program Manager ell@legalaction.org
- Website:
 - Legal Action of WI Reentry Services Program <u>https://www.legalaction.org/services/reentry-legal-services-program</u>
 - Oshkosh Office <u>https://www.legalaction.org/contact-us/oshkosh-area-office</u>

Hours of Operation: Monday-Friday 9:00 am - 4:00 pm

- Call and walk-in or in-person intake times:
 - "All potential clients may call or walk in to the Oshkosh office any regular business day from 9:00 am - 4:00 pm."
 - "Because we serve rural counties and the travel times may be very long, we do encourage people to call us before traveling to the Oshkosh office."
 - This is not a requirement, but individuals should consider calling ahead before arriving at the office.
- Counties served: **Adams,** Fond du Lac, Green Lake, Marquette, Outagamie, Ozaukee, Sheboygan, Washington, Waushara, and Winnebago.

- "At Legal Action, we believe all people deserve access to basic human needs, like healthcare and safe housing, but many people face significant barriers that would be difficult to navigate without legal help. These barriers are particularly steep at reentry."
- "We seek to break down the false dichotomy of being labeled as only 'victim' or 'offender'. This binary narrative can dehumanize and stigmatize formerly incarcerated people and prevent them from healing and accessing the services that they need."
- Another potentially useful service they offer: Center for Drivers License Recovery and Employability
 - More info can be found here: <u>https://www.legalaction.org/services/center-for-drivers-license-recovery-and-employability</u>

Practical Cents Resale Store

"Practical Cents was established in 1996 and operates as a resale store that serves people with disabilities by providing prevocational services, job placement, and supportive employment. The store offers good, clean, affordable clothing and household items in a convenient location."

Address and Location:

402 South Main Street Adams, WI 53910



Contact Information:

- Phone: (608)-339-2278
- Email: None listed. Please call or check their website for more information!
- Website: <u>https://www.co.adams.wi.us/departments/health-human-</u> services/practical-cents
- Facebook Page: https://www.facebook.com/practicalcentsresalestore/

Hours of Operation:

- Monday-Friday 9:00 am 5:30 pm
- <u>Saturday</u> 9:00 am 4:00 pm

Important Information:

- They offer various items for sale:
 - Clothing for women, men, and children
 - Shoes
 - Small appliances
 - Kitchen goods
 - Sporting goods, exercise equipment
 - Furniture
 - Books
 - Music records, cassettes, 8-tracks
 - Jewelry
 - Antiques
- Donations are accepted at the back of the building on:
 - Mondays, Tuesdays, and Thursdays 9:00 am 4:00 pm
 - Fridays 9:00 am 12:00 pm

Childcaring – Childcare Assistance

"Childcaring is your local non-profit, resource, and referral agency dedicated to providing quality childcare information in **Adams**, Clark, Langlade, Lincoln, Marathon, Marquette, Portage, Taylor, Waushara, & Wood Counties. Childcaring helps families locate childcare to meet their needs, serves as a resource to potential and existing regulated childcare providers, and works cooperatively to increase the supply of quality, affordable care."

Address and Location:

850 State Highway 153, Suite F Mosinee, WI 54455



Contact Information:

- Phone: (715)-841-9490
- Email: info@childcaring.org
- Website: <u>https://childcaring.org/</u>

Hours of Operation: Monday-Friday 8:30 am - 4:30 pm

- Additional office hours are available by appointment.
- **Please note:** Childcaring would appreciate it if individuals would please call before arriving at the office to ensure that there is a staff member available to help.

- "Childcaring promotes the development of a comprehensive childcare system and provides public information on childcare needs and trends."
- "We partner with parents, childcare providers, business leaders, and community organizations to make quality care available to Central Wisconsin families."
- "Families should not have to choose between affordable care and high-quality care care that provides a safe, stable, developmentally appropriate environment."
 - There are options available for individuals who may need help paying for childcare, including Wisconsin Shares and Good Start Grants.
 - More information can be found here: <u>https://childcaring.org/needhelppaying/</u>