



Buffalo County Resource Guide

Workforce Connections, Inc.

407 S Second St.

Alma, WI 54610

(608) 789-5620

www.workforceconnections.org

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Dial 9-1-1 immediately if you or someone else is in immediate, serious, or life-threatening danger.

ABUSE

The Bridge to Hope	Phone: 715-235-9074 24 Hr. Hotline: 800-924-9918	Website: https://www.thebridgetohope.org/
Buffalo County Health and Human Services -Child & Adult Protective Services	Phone: 608-608-4412 Emergency After Hours: 608-685-4433	Website: Health & Human Services Buffalo County, WI - Official Website (buffalocountywi.gov)
Bolton Refuge House -Buffalo County Outreach	Phone: 608-685-2424 24 Hr. Hotline: 855-526-5866	Website: Buffalo County Outreach home (boltonrefuge.org)
Gundersen Domestic Violence & Sexual Assault Program	Phone: 608-775-3454 800-362-9567 ext. 53454 24 Hour Crisis Line: 608-775-5950 800-362-9567 ext. 55950	Website: http://www.gundersenhealth.org/services/emergency-urgent-care/sexual-assault-nurse-examiners/
Mayo Clinic Health System Safe Path	Phone: 608-392-7804 800-362-5454	Website: Domestic abuse services in La Crosse - Mayo Clinic Health System
National Coalition Against Domestic Violence Hotline	Phone: 1-800-799-7233	Website: http://www.endabusewi.org
New Horizons Shelter and Outreach Center	Crisis Line: 888-231-0066 Text Only Line: 608-667-9944	Website: http://www.nhagainstabuse.org Email: business@nhagainstabuse.org

ADDICTION SERVICES

AMS of Wisconsin (Addiction Medical Solutions)	Phone: 608-783-0506	Website: https://amswisconsin.com
CleanSlate Center	Phone: 608-406-2250	Website: https://www.cleanslatecenters.com
Great Rivers 2-1-1	Phone: 211 or 800-362-8255	Website: http://www.greatrivers211.org/

Gundersen Behavioral Health	Phone: 608-775-2287	Website: https://gundersenhealth.org/services/behavioral-health/
Mayo Clinic Health System Outpatient Behavioral Health Services	Phone: 800-362-5454	Website: Behavioral Health - Mayo Clinic Health System
Vivent Health - Lifepoint Needle Exchange	Phone: 608-785-9866	Website: Vivent Health La Crosse : NASEN Directory
Wisconsin Council on Problem Gambling	Phone: 800-426-2535	Website: http://www.wi-problemgamblers.org
AGING		
Aging & Disability Resource Center (ADRC)	Phone: 866-578-2372	Website: https://www.adrc-bcp.com/
Social Security Administration	Phone: 1-866-770-2345	Website: https://www.ssa.gov/
CHILD CARE		
Child Care Assistance Western Region for Economic Assistance (WREA)	Phone: 1-888-627-0430	Website: http://access.wisconsin.gov
Childcare Partnership -Western Dairyland	Phone: 715-831-1700	Website: https://www.childcarepartnership.org/
YoungStar Child Care Search	Phone: NA	Website: https://dcf.wisconsin.gov/youngstar
CLOTHING / HOUSEHOLD		
Cents & Sensibility Thrift Store	Phone: 715-985-3301	Address: 23741 Washington St., Independence
Common Closet Thrift Store	Phone: 651-565-0389	Address: 154 Pembroke Ave, Wabasha, MN
Hope Gospel Mission Bargain Center	Phone: 715-598-4778	Address: 121 N. Eau Claire St, Mondovi Website: https://www.hopegospelmission.org/
OLPH Mission Thrift Store	Phone: 608-323-7116	Address: 411 South Washington St., Arcadia Website: https://www.holyfam.com/olph-mission.html
Salvation Army	Phone:	Website:

	608-782-6126	https://centralusa.salvationarmy.org/lacrosse
The Exchange -furniture bank	Phone: 608-301-5345	Address: 1009 4 th St. South, La Crosse Website: https://www.theexchangelacrosse.org/
Ye Old School Shoppe	Phone: 608-248-2691	Address: 8 th & Humboldt St., Buffalo City
COUNSELING, MENTAL HEALTH & OTHER SUPPORT		
Bolton Refuge House	Buffalo Co. Outreach Phone: 608-685-2424 24 Hour Hotline: 1-855-526-5866	Website: https://www.boltonrefuge.org/
Brave Spaces	Phone: 608-615-1023	Website: Home Brave Spaces Counseling & Wellness (brave-spaces.org)
Catholic Charities	Phone: 608-782-0710	Website: St. Lawrence Community Services – Catholic Charities (cclse.org)
Couleecap	Phone: 608-782-4877	Website: Couleecap Inc - Home
Driftless Recovery Services	Phone: 608-519-5906	Website: Driftless Recovery Services
Expanding Hope Counseling Services	Phone: 608-519-5906	Website: https://www.expanding-hope.com/
Garrison Counseling	Phone: 608-796-1114	Website: https://garrisoncounselinglax.com/
Gundersen Behavioral Health	Phone: 608-775-2287	Website: Behavioral Health - Gundersen Health System
Hiawatha Valley Mental Health Center	Wabasha Phone: 651-565-2234 Winona Phone: 507-454-4341	Website: https://www.hvmhc.org/
Mayo Behavioral Health	Phone: 608-392-9555	Website: Behavioral Health - Mayo Clinic Health System
New Horizons	La Crosse Phone: 608-791-2610 Whitehall Phone: 715-538-2810	Website: http://www.nhagainstabuse.org/
Peace of Mind Counseling	Phone: 608-797-5679	Website: https://pomcounselingllc.com/

Riverview Therapy	Phone: 608-397-8727	Website: https://www.riverviewtherapy.com/
Stein Counseling	Phone: 608-785-7000	Website: https://effectivebehavior.com/
Uplift Counseling Center of La Crosse	Phone: 715-559-9428	Website: https://upliftcounseling.com/
CRISIS SERVICES & HOTLINES		
988 Suicide & Crisis Lifeline	Phone: Call or text 988	Website: Lifeline (988lifeline.org)
Catholic Charities	Phone: 608-782-0710	Website: St. Lawrence Community Services – Catholic Charities (cclse.org)
Center for Missing & Exploited Children	Phone: 800-843-5678	Website: https://connect.missingkids.org/
Couleecap	Phone: 608-782-4877	Website: Couleecap Inc - Home
Emergency Mental Health (In collaboration with Northwest Connections)	Phone: 888-552-6642	Website: NA
Great Rivers 2-1-1	Phone: 211 or 800-362-8255 *text your zip code to 898211 for texting services	Website: http://www.greatrivers211.org/gr211/ *live chat available Monday-Friday, 8-4
Gundersen Health System	Phone: 608-782-7300	Website: https://www.gundersenhealth.org
Mayo Clinic Health System	Phone: 608-785-0940	Website: https://www.mayoclinic.org
National Alliance on Mental Health Helpline	Phone: 800-950-6264	Website: https://www.nami.org
National Child Abuse Hotline	Phone: 800-422-4453	Website: https://childhelpline.org
National Domestic Violence Hotline	Phone: 800-799-7233	Website: https://www.thehotline.org
National Drug Helpline	Phone: 844-289-0879	Website: Drug Abuse Hotline Help.org
National Runaway Safeline	Phone: 800-621-4000	Website: https://www.1800runaway.org/

National Suicide Prevention Hotline	Phone: 800-273-8255	Website: www.suicidepreventionlifeline.org
New Horizons	La Crosse Phone: 608-791-2610 Whitehall Phone: 715-538-2810	Website: http://www.nhagainstabuse.org/
Poison Control Hotline	Phone: 800-222-1222	Website: https://www.poison.org/
Salvation Army	Phone: 608-782-6126	Website: https://centralusa.salvationarmy.org/lacrosse
Wisconsin Road Conditions	Phone: 511	Website: https://511wi.gov

DISABILITY SERVICES

Aging & Disability Resource Center (ADRC)	Phone: 866-578-2372	Website: https://www.adrc-bcp.com/
Aptiv	Phone: 608-685-3350	Website: https://www.aptiv.org
Catholic Charities (La Crosse)	Phone: 608-782-0710	Website: Disability Services – Catholic Charities (cclse.org)
Creative Community Living Services (La Crosse)	Phone: 608-779-4118	Website: https://cclswi.org/
Division of Vocational Rehab	Phone: 800-523-2139	Website: https://dwd.wisconsin.gov/dvr
Independent Living Resources (La Crosse)	Phone: 608-787-1111	Website: https://www.ilresources.org
REACH (Eau Claire)	Phone: 715-833-7755	Website: https://www.reach-inc.org/
Social Security Administration	Phone: 866-770-2345	Website: https://www.ssa.gov/
VARC, Inc. (La Crosse)	Phone: 608-796-9190	Website: https://www.varcinc.com/

DISASTER SERVICES

American Red Cross	Phone: 608-784-2102	Website: https://www.redcross.org
Buffalo County Emergency Management	Phone: 608-685-6298	Website: buffalocountywi.gov

EDUCATION

Buffalo/Pepin Literacy Alliance

Phone:
612-805-0613

Website:
<https://bpliteracyalliance.wordpress.com/>

Chippewa Valley Technical College

Phone:
715-833-6200

Website:
<https://www.cvtc.edu/>

Division of Vocational Rehab

Phone:
800-523-2139

Website:
<https://dwd.wisconsin.gov/dvr>

Project Proven

Phone:
608-785-9200

Website:
<https://www.westerntc.edu/re-entry-services>

Western Dairyland Head Start

Phone:
715-985-2391

Website:
<https://www.wdheadstart.org/>

Western Dairyland Skills Enhancement

Phone:
715-985-2391

Website:
[Western Dairyland](#)

Western Technical College

Phone:
608-785-9551

Website:
<https://www.westerntc.edu>

EMPLOYMENT SERVICES

Career Development Center -Vocational Rehab (Eau Claire)

Phone:
715-834-2771

Website:
[L.E. Phillips Career Development Center - CDC- Jobs Individuals with Disabilities \(lecdc.org\)](#)

Division of Vocational Rehab

Phone:
800-523-2139

Website:
<https://dwd.wisconsin.gov/dvr>

Project Proven

Phone:
608-785-9200

Website:
<https://www.westerntc.edu/re-entry-services>

Worker's Compensation Wisconsin

Phone:
608-266-1340

Website:
<https://dwd.wisconsin.gov/wc/>

Workforce Connections

Phone:
608-789-5620

Website:
www.workforceconnections.org

Workforce Development Center (Job Center)

Phone:
608-405-4545

Website:
<https://www.westernwdb.org/jobcenterservices>

FAMILY SERVICES & PROGRAMS

4H

Phone:
608-785-7593

Website:
[4-H & Youth – Extension La Crosse County \(wisc.edu\)](#)

Big Brothers Big Sisters

Phone:
608-782-2227

Website:
[BBBS7 Home \(7riversbbbs.org\)](#)

The Parenting Place

Phone:
608-784-8125

Website:
<https://www.theparentingplace.net>

UW Extension	Phone: 715-672-5214	Website: https://pepin.extension.wisc.edu/family-living/
Wisconsin Council on Children & Families	Phone: 888-400-8455	Website: https://dcf.wisconsin.gov/
FINANCIAL SERVICES		
Catholic Charities	Phone: 608-782-0710	Website: St. Lawrence Community Services – Catholic Charities (cclse.org)
Consumer Credit Counseling of La Crosse	Phone: 608-784-9380	Website: not available
Couleecap	Phone: 608-782-4877	Website: Couleecap Inc - Home
Lutheran Social Services	Phone: 608-788-5090	Website: https://www.lsswis.org/
UW Extension	Phone: 715-672-5214	Website: https://pepin.extension.wisc.edu/family-living/
Western Region for Economic Assistance	Phone: 855-627-0430	Website: www.access.wisconsin.gov Apply, renew, make changes, ask questions and schedule appointments regarding: *Food Share *BadgerCare Plus *Medical Assistance *Child Care Benefits * Wisconsin Works (W2) Programs
WI Home Energy Assistance Program (WHEAP)	Phone: 608-685-6306	Website: Energy Assistance Buffalo County, WI - Official Website (buffalocountywi.gov)
WI Housing & Economic Authority (WHEDA)	Phone: 800-334-6873	Website: https://www.wheda.com/
FOOD RESOURCES		
Financial Assistance for Food		
FoodShare	Phone: 855-627-0430	Website: www.access.wisconsin.gov
WIC (Women, Infants & Children) Program	Phone: 608-534-0091	Address: 407 S. 2 nd St., Alma
Food Pantries (call for info and availability)		
Buffalo County	Phone:	Address:

Food Pantry (St. John's Lutheran Church)	608-685-4534 608-685-4946	709 South 2 nd St., Alma 3 rd Thursday, 11-3
Cochrane-Fountain City Area Food Shelf	Phone: 608-687-3277	Address: 303 Hill St., Fountain City Wednesdays, 3-5 Saturdays, 9-11
Durand Area Mobile Food Pantry	Phone: 715-672-8617 715-672-8975	Address: 911 W Prospect 2 nd Thursday of the month, 4:30-6
Mondovi Area Food Pantry	Phone: 715-926-3115	Address: 125 E. Hudson St., Mondovi Tuesdays & Thursdays 10-12 Wednesdays 5-7
Southern Buffalo County Community Mobile Food Pantry (Immaculate Conception Parish Life Center)	Phone: 608-687-3496	Address: 1 Wall St., Fountain City 1 st Tuesday of the month, 5-6
Free Community Meals (times/dates subject to change)		
Mondovi Sharing Table (Central Lutheran Church)	Phone: NA	Address: 221 W Main St., Mondovi 2 nd Wednesday of the month, 4:30-6
Open Door Fellowship	Phone: 608-786-0910	Address: 625 W Franklin St., West Salem 4 th Wednesday of the month, 5-6 pm
Sunday Supper (St. John's Lutheran Church)	Phone: 608-685-4306	Address: 709 S. 2 nd St., Alma 1 st Sunday of every month, 5-6
GOVERNMENT OFFICES		
Economic Support	Phone: 888-627-0430	Website: ACCESS Wisconsin Apply for and manage state of Wisconsin benefits
Buffalo County Health & Human Services	Phone: 608-685-4412	Address: 407 S 2 nd St., Alma Website: Health & Human Services Buffalo County, WI - Official Website (buffalocountywi.gov)
Social Security Administration	Phone: 1-866-770-2345	Website: https://www.ssa.gov/
Unemployment Compensation	Phone: Help line 1-414-435-7069	Website: www.my.unemployment.wisconsin.gov

HEALTHCARE / DENTAL

FREE assistance is available from Healthcare Navigators at Workforce Connections, Inc. Navigators provide unbiased assistance to individuals and families that need affordable health insurance coverage.

Workforce Connections

Phone:
608-789-5620

Website:
www.workforceconnections.org

Clinics

Gundersen Health System	Phone:	Website:
	Alma Clinic:	www.gundersenhealth.org
	651-565-5599	
	Wabasha Clinic:	

651-565-5600
La Crosse:
608-782-7300

**La Crosse Veterans
Affairs Clinic**

Phone:
608-784-3886

Website:
[La Crosse VA Clinic | VA Tomah Health Care | Veterans Affairs](#)

Marshfield Clinic

Phone:
Eau Claire:
715-858-4500

Website:
[Marshfield Clinic](#)

**Mayo Clinic
Health System**

Phone:
Eau Claire:
888-838-4777
La Crosse:
608-785-0940
Mondovi Clinic:
715-926-4858

Website:
www.mayoclinic.org

Free / Reduced Cost Dental

Affordable Dentures	Phone:	Website:
	Eau Claire:	Dentures Dentists Affordable Dentures & Implants
	715-855-1020	
	Rochester:	

507-529-9442

**Black River Falls
Dental Center**

Phone:
715-670-0400

Website:
[Black River Falls Dental Center \(marshfieldclinic.org\)](#)

**CVTC-
Dental Hygiene Clinic**

Phone:
715-833-6271

Website:
[Dental Clinic | CVTC](#)

**WI Dental Association
Donated Dental Services**

Phone:
1-866-912-9840

Website:
<https://www.dhs.wisconsin.gov/oral-health/programs/donated.htm>

Free / Reduced Cost Medical

**Chippewa Valley
Free Clinic**

Phone:
715-839-8477

Website:
<http://cvfreeclinic.org/>

**Menomonie Area
Free Clinic**

Phone:
715-308-3808

Website:
<http://www.menomoniefreeclinic.org/>

St. Claire Health Mission

Phone:
608-519-4620

Website:
<http://stclarehealthmission.org/>

Hospitals

Gundersen Health System

Phone:
608-782-7300

Website:
www.gundersenhealth.org

Mayo Clinic Health System

Phone:
608-785-0940

Website:
www.mayoclinic.org

Marshfield Medical Center

Phone:
715-858-8100

Website:
[Marshfield Clinic](#)

Other Healthcare Resources

Birthright

Phone:
608-782-0373

Website:
<https://birthright.org/lacrosse>

**Vivent Health
(AIDS Resource Center)**

Phone:
608-785-9866

Website:
[Serving all affected by HIV AIDS \(viventhealth.org\)](#)

WI Well Woman Program

Phone:
608-785-9723

Website:
<https://www.dhs.wisconsin.gov/wwwp/index.htm>

**Women, Infants &
Children Program (WIC)**

Phone:
715-299-6472

Website:
[Trempealeau County](#)

HOUSING

Emergency/Temporary

Hope Gospel Mission

Phone:
715-552-5566

Address:
2650 Mercantile Dr., Eau Claire
Website:
<https://www.hopegospelmission.org/>

**La Crosse Warming Center
(Catholic Charities)**

Phone:
608-782-0710
888-212-4357

Address:
413 3rd St. S, La Crosse
Website:
<https://cclse.org/la-crosse-warming-center/>

**New Horizons
Domestic Abuse Shelter**

Phone:
800-231-0066

Website:
[Home - New Horizons \(nhagainstabuse.org\)](http://nhagainstabuse.org)

Ruth House

Phone:
715-834-4000

Address:
2517 Moholt Dr., Eau Claire
Website:
<https://www.hopegospelmission.org/>

Salvation Army	Phone: 608-782-6126	Address: 223 North 8 th St., La Crosse Website: Provide Housing - La Crosse Salvation Army
Section 8 -Allegiant Property Management	Phone: 608-784-1381	Website: https://allegiantpropertymgmtllc.com
Sojourner House (Catholic Charities)	Phone: 715-514-5556	Address: 618 S. Barstow St., Eau Claire Website: The Sojourner House – Catholic Charities (cclse.org)
Veteran’s Homeless Hotline	Phone: 877-424-3838	Website: VA Homeless Programs
Western Dairyland Homeless Shelters	Phone: 715-985-2391 715-836-7511	Website: Western Dairyland

Age, Ability or Income-Based Housing

Bear Creek Apartments -Durand	Phone: 715-864-3903	Website: Home (accmanagementgroup.com)
Buffalo County Housing Authority -units in Alma, Nelson, Mondovi	Phone: 608-685-3663	Address: S1584 State Rd. 37, Alma
Eagle Bluff Apartments	Phone: 608-687-3058	Address: 436 S. Main St., Fountain City
Highland Apartments -Mondovi	Phone: 715-834-3411	Website: http://www.mondovihousing.com/
Jefferson Street Apartments	Phone: 715-834-3411	Address: 310 Jefferson St, Mondovi
Pepin County Housing Authority -Arkansaw, Durand, Mondovi, Pepin	Phone: 715-834-3411	Website: https://www.landmark-company.com/
Section 8: Housing Choice Voucher Program	Phone: 608-784-1381	Website: https://www.benefits.gov/benefit/710
WI Rural Housing	Phone: 608-238-3448	Website: https://www.wisconsinruralhousing.org/

LEGAL SERVICES

American Bar Association	Phone: 800-873-0927	Website: American Bar Association
Lawyer Referral & Information Services	Phone: 800-362-9082	Website: I Need a Lawyer (wisbar.org)

Legal Action of WI -La Crosse	Phone: 800-873-0927	Address: 205 5 th Ave. S, Suite 300, La Crosse Website: www.legalaction.org
WI Equal Rights Division	Phone: 608-266-6860	Website: https://dwd.wisconsin.gov/er/
TELEPHONE ASSISTANCE		
Federal Lifeline Assistance Program	Phone: 1-888-543-3620	Website: Free Government Cell Phone Lifeline Program - Life Wireless
Safelink Wireless Cell Phone Program	Phone: 800-977-3768	Website: SafeLink Wireless
Telecommunications Equipment Purchase & Assistance Plans	Phone: 608-231-3305	Website: Funded Equipment Programs – Americans For Better Hearing (abhf.org)
TRANSPORTATION		
Buffalo & Pepin County Transportation Program	Phone: 866-578-2372	Website: NA
Work-n-Wheels Western Dairyland	Phone: 715-985-2391	Website: Western Dairyland
VETERANS SERVICES		
Buffalo County Veteran Services	Phone: 608-685-6219	Website: Veteran Services Buffalo County, WI - Official Website (buffalocountywi.gov)
Veterans Assistance Foundation	Phone: 608-372-1280	Website: http://www.vafvets.org/
Veteran Crisis/Suicide Prevention Line	Phone: 800-273-8255	Website: http://www.veteranscrisisline.net/chat
Veterans Homeless Hotline	Phone: 877-424-3838	Website: NA
Veterans Outreach & Recovery Program (VORP)	Phone: 608-881-9116	Website: Home - Veterans Outreach Of Wisconsin (vovillages.com)