



La Crosse County Resource Guide

Workforce Connections, Inc.

2615 East Ave. S

Suite 300

La Crosse, WI 54601

(608) 789-5620

www.workforceconnections.org

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Dial 9-1-1 immediately if you or someone else is in immediate, serious, or life-threatening danger.

ABUSE

**Adult Protective Services
La Crosse County ADRC**

Phone:
1-800-500-3910
or
608-785-5700

Website: <http://lacrossecounty.org/adrc>

**Child Protective Services
La Crosse County Health
Department**

Phone:
608-784-4357 (HELP)

Business Hours:
Monday thru Friday
8:00 AM – 4:30 PM
After Hours/Weekends
Call 911

Website: [Children and Youth \(lacrossecounty.org\)](http://lacrossecounty.org/children-and-youth)

**Gundersen Domestic
Violence & Sexual Assault
Program**

Phone:
608-775-3454
800-362-9567
ext. 53454

24 Hour Crisis Line:
608-775-5950
800-362-9567
ext. 55950

Website:
<http://www.gundersenhealth.org/services/emergency-urgent-care/sexual-assault-nurse-examiners/>

**Mayo Clinic Health System
Safe Path**

Phone:
608-392-7804
800-362-5454

Website:
[Domestic abuse services in La Crosse - Mayo Clinic Health System](http://www.mayoclinic.org/abuse-services/in-la-crosse)

**National Coalition Against
Domestic Violence Hotline**

Phone:
1-800-799-7233

Website: <http://www.endabusewi.org>

**New Horizons Shelter
and Outreach Center**

Phone:
608-791-2610

Crisis Line:
888-231-0066

Text Only Line:
608-667-9944

Website: <http://www.nhagainstabuse.org>
Email: business@nhagainstabuse.org

ADDICTION SERVICES

**AMS of Wisconsin
(Addiction Medical
Solutions)**

Phone:
608-783-0506

Website:
<https://amswisconsin.com>

CleanSlate Center

Phone:
608-406-2250

Website:
<https://www.cleanslatecenters.com>

**Coulee Council on
Addictions**

Phone:
608-784-4177

Website:
[Coulee Recovery Center](http://www.couleerecoverycenter.com)

Driftless Recovery Service

Phone:
608-519-5906

Website:
<http://lacrossecounty.org/adrc>

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| Great Rivers 2-1-1 | Phone: 211 or 800-362-8255 | Website: http://www.greatrivers211.org/ |
| Gundersen Behavioral Health | Phone: 608-775-2287 | Website: https://gundersenhealth.org/services/behavioral-health/ |
| La Crosse County Integrated Support & Recovery Services | Phone: 608-784-4357 | Website: Integrated Support & Recovery Services (lacrossecounty.org) |
| Mayo Clinic Health System Outpatient Behavioral Health Services | Phone: 800-362-5454 | Website: Behavioral Health - Mayo Clinic Health System |
| RAVE (Recovery Avenue) | Phone: 608-785-9615 608-787-1111 | Website: RAVE ILR (ilresources.org) |
| Vivent Health - Lifepoint Needle Exchange | Phone: 608-785-9866 | Website: Vivent Health La Crosse : NASEN Directory |
| Wisconsin Council on Problem Gambling | Phone: 800-426-2535 | Website: http://www.wi-problemgamblers.org |
| AGING | | |
| Aging & Disability Resource Center (ADRC) | Phone: 608-785-5700 800-500-3910 | Website: https://lacrossecounty.org/adrc |
| Social Security Administration | Phone: 1-866-770-2345 | Website: https://www.ssa.gov/ |
| CHILD CARE | | |
| Child Care Assistance Western Region for Economic Assistance (WREA) | Phone: 1-888-627-0430 | Website: http://access.wisconsin.gov |
| La Crosse County Child Care Centers | Phone: NA | Website: https://childcarecenter.us/county/la_crosse_wi |
| The Parenting Place | Phone: 608-784-8125 | Website: https://theparentingplace.net/ |
| YoungStar Child Care Search | Phone: NA | Website: https://dcf.wisconsin.gov/youngstar |
| CLOTHING / HOUSEHOLD | | |

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| Birthright | Phone: 608-782-0373 | Website: NA |
| Catholic Charities | Phone: 608-782-0710 | Website: https://cclse.org/ |
| Couleecap | Phone: 608-782-4877 | Website: https://couleecap.org |
| Dawn's Dollar Deals | Phone: 608-399-1217 | Website: Dawn's Dollar Deals - Home Facebook |
| Elite Repeat | Phone: 608-784-6700 | Website: NA |
| Goodwill La Crosse Onalaska | Phone: 608-783-2710 608-783-1581 | Website: http://www.goodwillncw.org |
| Good Steward Resale Shop | Phone: 608-779-9763 | Website: Good Steward Resale Shop (lutherhigh.org) |
| Habitat for Humanity | Phone: 608-784-6700 | Website: https://www.habitatlacrosse.org/restore.html |
| Harvest Lane Treasures | Phone: 608-784-6700 | Website: https://www.harvestlanetreasures.com/ |
| New Life Resource Center | Phone: 608-785-2377 | Website: https://www.newlifelacrosse.org |
| Once Upon a Child | Phone: 608-779-5437 | Website: https://www.onceuponachild.com |
| Plato's Closet | Phone: 608-782-6822 | Website: https://www.platoscloset.com |
| Rootin' Crown Thrift & Consignment | Phone: 608-784-6700 | Website: https://rootincrown.com |
| Ross Dress for Less | Phone: 608-781-2931 | Website: https://rossstores.com |
| Salvation Army | Phone: 608-782-6126 | Website: https://centralusa.salvationarmy.org/lacrosse |
| Style Encore | Phone: 608-799-0515 | Website: http://style-encore.com |
| The Exchange -furniture bank | Phone: 608-301-5345 | Address: 1009 4 th St. South, La Crosse Website: https://www.theexchangelacrosse.org/ |

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| Women's Clothes Closet Our Savior's Lutheran Church | Phone: 608-782-3468 | Address: 612 Division St., La Crosse Website: Women's Clothes Closet - Our Saviors Lutheran Church : Saviors Lutheran Church |
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COUNSELING, MENTAL HEALTH & OTHER SUPPORT

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| Brave Spaces | Phone: 608-615-1023 | Website: Home Brave Spaces Counseling & Wellness (bravespaces.org) |
| Catholic Charities | Phone: 608-782-0710 | Website: St. Lawrence Community Services – Catholic Charities (cclse.org) |
| Couleecap | Phone: 608-782-4877 | Website: Couleecap Inc - Home |
| Driftless Recovery Services | Phone: 608-519-5906 | Website: Driftless Recovery Services |
| Expanding Hope Counseling Services | Phone: 608-519-5906 | Website: https://www.expanding-hope.com/ |
| Family & Children's Center | Phone: 608-785-0001 | Website: https://www.fcconline.org/ |
| Garrison Counseling | Phone: 608-796-1114 | Website: https://garrisoncounselinglax.com/ |
| Gundersen Behavioral Health | Phone: 608-775-2287 | Website: Behavioral Health - Gundersen Health System |
| La Crosse Dept. of Human Services | Phone: 608-785-5875 | Website: https://lacrossecounty.org/humanservices/ |
| Mayo Behavioral Health | Phone: 608-392-9555 | Website: Behavioral Health - Mayo Clinic Health System |
| New Horizons | Phone: 608-791-2610 | Website: http://www.nhagainstabuse.org/ |
| Peace of Mind Counseling | Phone: 608-797-5679 | Website: https://pomcounselingllc.com/ |
| Riverview Therapy | Phone: 608-397-8727 | Website: https://www.riverviewtherapy.com/ |
| Stein Counseling | Phone: 608-785-7000 | Website: https://effectivebehavior.com/ |
| The Center 7 Rivers LGBTQ Connection | Phone: 608-784-0452 | Website: The Center: 7 Rivers LGBTQ Connection |

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| The Therapy Place of La Crosse | Phone: 608-519-5546 | Website: https://www.thetherapyplacelax.com/ |
| CRISIS SERVICES & HOTLINES | | |
| 988 Suicide & Crisis Lifeline | Phone: Call or text 988 | Website: Lifeline (988lifeline.org) |
| Catholic Charities | Phone: 608-782-0710 | Website: St. Lawrence Community Services – Catholic Charities (cclse.org) |
| Center for Missing & Exploited Children | Phone: 800-843-5678 | Website: https://connect.missingkids.org/ |
| Couleecap | Phone: 608-782-4877 | Website: Couleecap Inc - Home |
| Great Rivers 2-1-1 | Phone: 211 or 800-362-8255 *text your zip code to 898211 for texting services | Website: http://www.greatrivers211.org/gr211/ *live chat available Monday-Friday, 8-4 |
| Gundersen Health System | Phone: 608-782-7300 | Website: https://www.gundersenhealth.org |
| La Crosse County Crime Stoppers | Phone: 608-784-8477 | Website: http://www.lacrossearea.crimestoppersweb.com |
| La Crosse County Emergency Management | Phone: 608-789-4811 | Website: Emergency Management (lacrossecounty.org) |
| La Crosse County Health Department | Phone: 608-785-5875 | Website: https://lacrossecounty.org/health |
| La Crosse County Human Services | Phone: 608-785-6435 | Website: https://lacrossecounty.org/humanservices |
| La Crosse County Sheriff's Department | Phone: 608-785-9629 | Website: https://lacrossecounty.org/sheriff |
| Mayo Clinic Health System | Phone: 608-785-0940 | Website: https://www.mayoclinic.org |
| National Alliance on Mental Health Helpline | Phone: 800-950-6264 | Website: https://www.nami.org |
| National Child Abuse Hotline | Phone: 800-422-4453 | Website: https://childhelpline.org |
| National Domestic Violence Hotline | Phone: 800-799-7233 | Website: https://www.thehotline.org |

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| National Drug Helpline | Phone: 844-289-0879 | Website: Drug Abuse Hotline Help.org |
| National Runaway Safeline | Phone: 800-621-4000 | Website: https://www.1800runaway.org/ |
| National Suicide Prevention Hotline | Phone: 800-273-8255 | Website: www.suicidepreventionlifeline.org |
| New Horizons Shelter | Phone: 608-791-2610 | Website: www.nhagainstabuse.org |
| Poison Control Hotline | Phone: 800-222-1222 | Website: https://www.poison.org/ |
| Salvation Army | Phone: 608-782-6126 | Website: https://centralusa.salvationarmy.org/lacrosse |
| Wisconsin Road Conditions | Phone: 511 | Website: https://511wi.gov |
| DISABILITY SERVICES | | |
| Aging & Disability Resource Center (ADRC) | Phone: 608-785-5700 800-500-3910 | Website: https://lacrossecounty.org/adrc |
| Aptiv | Phone: 608-784-9450 | Website: https://www.aptiv.org |
| Catholic Charities | Phone: 608-782-0710 | Website: Disability Services – Catholic Charities (cclse.org) |
| Creative Community Living Services | Phone: 608-779-4118 | Website: https://cclswi.org/ |
| Division of Vocational Rehab | Phone: 608-785-9500 | Website: https://dwd.wisconsin.gov/dvr |
| Independent Living Resources | Phone: 608-787-1111 | Website: https://www.ilresources.org |
| ORC Industries, Inc. | Phone: 608-781-7727 | Website: ORC Industries |
| Social Security Administration | Phone: 866-770-2345 | Website: https://www.ssa.gov/ |
| Wisconsin Council on Children & Families | Phone: 888-400-8455 | Website: https://dcf.wisconsin.gov/ |
| VARC, Inc. | Phone: 608-796-9190 | Website: https://www.varcinc.com/ |

DISASTER SERVICES

American Red Cross

Phone:
608-784-2102

Website:
<https://www.redcross.org>

Catholic Charities

Phone:
608-782-0710

Website:
[Disaster Recovery – Catholic Charities \(cclse.org\)](https://www.cclse.org)

EDUCATION

**Coulee Region
Literacy Council**

Phone:
608-789-4752

Website:
Not available

CESA #4

Phone:
608-786-4800

Website:
<https://cesa4.org/>

**Division of Vocational
Rehab**

Phone:
608-785-9500

Website:
<https://dwd.wisconsin.gov/dvr>

Head Start

Phone:
608-785-2070

Website:
<https://headstartcouleeregion.com/>

Project Proven

Phone:
608-785-9200

Website:
<https://www.westerntc.edu/re-entry-services>

Self Sufficiency Program

Phone:
608-785-8000

Website:
<https://www.uwlax.edu/self-sufficiency-program/>

**University of WI
La Crosse**

Phone:
608-785-8000

Website:
[University of Wisconsin-La Crosse \(uwlax.edu\)](https://www.uwlax.edu)

Viterbo University

Phone:
608-796-3000

Website:
<https://www.viterbo.edu/>

Western Technical College

Phone:
608-785-9551

Website:
<https://www.westerntc.edu>

EMPLOYMENT & TRAINING

**ABR Employment Services
(Temp Agency)**

Phone:
608-782-9700

Website:
<https://www.abrjobs.com/la-crosse-employment-agency/>

Aptiv

Phone:
608-784-9450

Website:
<https://www.aptiv.org>

**Couleecap Job & Business
Development Program**

Phone:
608-782-5525

Website:
[Couleecap Inc - Home](https://www.couleecap.com)

**Division of Vocational
Rehab**

Phone:
608-785-9500

Website:
<https://dwd.wisconsin.gov/dvr>

**Express Employment
Professionals**

Phone:
608-779-4252

Website:
<https://www.expresspros.com/onalaska/>

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| Independent Living Resources | Phone: 608-787-1111 | Website: https://www.ilresources.org |
| Job Corps | Phone: 800-733-5627 | Website: https://www.jobcorps.gov/ |
| Manpower (Temp Agency) | Phone: 608-781-8899 | Website: https://www.manpowergroupusa.com/ |
| Olsten Staffing Services (Temp Agency) | Phone: 608-782-1100 | Website: https://www.olsten.com |
| People Ready (Temp Agency) | Phone: 608-782-0452 | Website: https://www.peopleready.com/ |
| Project Proven | Phone: 608-785-9200 | Website: https://www.westerntc.edu/re-entry-services |
| Remedy Staffing | Phone: 608-783-1652 | Website: Onalaska, WI Remedy Staffing |
| Worker's Compensation Wisconsin | Phone: 608-266-1340 | Website: https://dwd.wisconsin.gov/wc/ |
| Workforce Connections | Phone: 608-789-5620 | Website: www.workforceconnections.org |
| Workforce Development Center (Job Center) | Phone: 608-405-4545 | Website: https://www.westernwdb.org/jobcenterservices |
| FAMILY SERVICES & PROGRAMS | | |
| Big Brothers Big Sisters | Phone: 608-782-2227 | Website: BBBS7 Home (7riversbbbs.org) |
| Boys & Girls Club | Phone: 608-782-3926 | Website: https://www.bgclax.org/ |
| Children's Museum | Phone: 608-784-2652 | Website: https://www.funmuseum.org |
| Community Youth Center | Phone: 608-782-9622 ext. 285 | Website: https://www.laxymca.org/youth-center/ |
| La Crosse County Libraries | Phone: 608-399-3390 | Website: https://www.redcross.org |
| La Crosse Library | Phone: 608-789-7100 | Website: https://www.lacrosselibrary.org |
| La Crosse Parks & Recreation | Phone: 608-789-7533 | Website: Parks, Recreation & Forestry La Crosse, WI cityoflacrosse.org |
| La Crosse County | Phone: | Website: |

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| Prevention Network | 608-784-4177 | La Crosse County Prevention Network - Home (lacrossecpn.org) |
| New Life Resource Center | Phone: 608-785-2377 | Website: https://www.newlifelacrosse.org |
| Onalaska Parks & Recreation | Phone: 608-781-9560 | Website: Parks & Recreation - Onalaska, Wisconsin (cityofonalaska.com) |
| The Parenting Place | Phone: 608-784-8125 | Website: https://www.theparentingplace.net |
| UW Extension | Phone: 608-785-9593 | Website: https://lacrosse.extension.wisc.edu/ |
| YMCA La Crosse or Onalaska | Phone: 608-782-9622 | Website: https://www.laxymca.org |
| FINANCIAL SERVICES | | |
| Catholic Charities | Phone: 608-782-0710 | Website: St. Lawrence Community Services – Catholic Charities (cclse.org) |
| Consumer Credit Counseling of La Crosse | Phone: 608-784-9380 | Website: not available |
| Couleecap | Phone: 608-782-4877 | Website: Couleecap Inc - Home |
| Western Region for Economic Assistance | Phone: 888-627-0430 Fax: 855-293-1822 | Website: www.access.wisconsin.gov Apply, renew, make changes, ask questions and schedule appointments regarding: *Food Share *BadgerCare Plus *Medical Assistance *Child Care Benefits * Wisconsin Works (W2) Programs |
| WI Home Energy Assistance Program (WHEAP) | Phone: 608-785-5582 | Website: Wisconsin Home Energy Assistance Program (WHEAP) Benefits.gov |
| WI Housing & Economic Authority (WHEDA) | Phone: 800-334-6873 | Website: https://www.wheda.com/ |
| FOOD RESOURCES | | |
| Financial Assistance for Food | | |
| FoodShare | Phone: | Website: |

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| | 608-785-9872 | www.access.wisconsin.gov |
| WIC (Women, Infants & Children) Program | Phone: 608-785-9865 | Email: laxwic@lacrossecounty.org |
| Food Pantries (call for info and availability) | | |
| A Place of Grace Catholic Worker House | Phone: 608-782-6224 | Address: 919 Hood St., La Crosse |
| Catholic Charities | Phone: 608-782-0710 | Address: 3710 East Ave. S, La Crosse |
| Community Care & Share | Phone: 608-786-1142 | Address: 359 N. Leonard St., West Salem |
| Community Garden | Phone: 608-386-3319 | Address: 801 Kane St., La Crosse |
| First Free Church | Phone: 608-782-6022 | Address: 123 Mason St., Onalaska |
| From the Heart Trinity Lutheran Church | Phone: 608-780-1283 | Address: 1010 Sill St., La Crosse |
| Holmen Area Food Pantry St. Elizabeth's Catholic Ch. | Phone: 608-784-2102 | Address: 515 N. Holmen Dr., Holmen |
| The Hunger Task Force | Phone: Office/Warehouse: 608-793-1002 Kane St. Garden 608-386-3319 | Address: Office/Warehouse M-F 8-3 1240 Clinton St., La Crosse Kane Street Garden Corner of Kane and St. Cloud Streets, La Crosse Monday & Thursday 8-6 Tues & Wed 8-3 Saturday 8-1 |
| Onalaska/Holmen Food Basket | Phone: 608-783-7722 | Address: 735 Sand Lake Rd., Onalaska |
| Onalaska Schools' Food Pantry | Phone: 608-782-2780 | Address: 524 Main St., Onalaska |
| River of Life Church | Phone: 608-782-2780 | Address: 1214 Cty PH, Onalaska Website: https://goriver.org/foodpantry |
| Salvation Army | Phone: 608-782-6126 | Address: 223 8 th St. N, La Crosse |
| WAFER | Phone: 608-782-6003 | Address: 1603 George St., La Crosse Website: |

Free Community Meals (times/dates subject to change)

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| Come for Supper | Phone: 608-782-3468 | Address: 6 th & Division Streets, La Crosse Tuesday nights, 5-6 pm |
| Community Dinner Onalaska Methodist Church | Phone: 608-783-3380 | Address: 212 4 th Ave. N, Onalaska 2 nd Tuesday of the month, 5:30-6:30 pm |
| Holmen's Hope | Phone: 608-781-4722 | Address: 419 1 st Ave., Holmen last Tuesday of the month, 5-7 pm |
| Monday's Meals | Phone: NA | Address: 1010 Sill St., La Crosse Mondays 5-6 pm |
| Open Door Fellowship | Phone: 608-786-0910 | Address: 625 W Franklin St., West Salem 4 th Wednesday of the month, 5-6 pm |
| Place of Grace | Phone: 608-782-6225 | Address: 919 Hood St., La Crosse Tues. & Wed. 9 am-2 pm Thurs 2-7 Last Sunday of month 2-4 pm |
| Presbyterian Church of West Salem | Phone: 608-786-0910 | Address: 735 Sand Lake Rd., Onalaska |
| Salvation Army Community Meal | Phone: 608-782-6126 | Address: 223 N. 8 th St., La Crosse Monday through Sat, 11 am-12:30 pm |

GOVERNMENT OFFICES

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| Dept. of Transportation | Phone: 608-264-7447 | Address: 9477 Hwy 16 E, Onalaska Website: Wisconsin Department of Transportation (wisconsin.gov) |
| Economic Support | Phone: 608-784-4357 | Address: 300 4 th St. N, La Crosse Website: Human Services (lacrossecounty.org) |
| La Crosse County Health Dept. | Phone: 608-785-9872 | Address: 300 4 th St. N, La Crosse Website: Health Department (lacrossecounty.org) |

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| La Crosse County Human Services | Phone: 608-784-4357 | Address: 300 4 th St. N, La Crosse Website: Human Services (lacrossecounty.org) |
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| Social Security Administration | Phone: 1-866-770-2345 | Website: https://www.ssa.gov/ |
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| Unemployment Compensation | Phone: Help line 1-414-435-7069 | Website: www.my.unemployment.wisconsin.gov |
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HEALTHCARE / DENTAL

FREE assistance is available from Healthcare Navigators at Workforce Connections, Inc. Navigators provide unbiased assistance to individuals and families that need affordable health insurance coverage.

Clinics

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| Gundersen Health System | Phone: Holmen: 608-399-3091 La Crosse: 608-783-7200 Onalaska: 608-775-8100 | Website: www.gundersenhealth.org |
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| La Crosse Veterans Affairs Clinic | Phone: 608-784-3886 | Website: La Crosse VA Clinic VA Tomah Health Care Veterans Affairs |
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| Mayo Clinic Health System | Phone: Holmen: 608-668-2549 La Crosse: 608-785-0940 Onalaska: 608-392-5001 | Website: www.mayoclinic.org |
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| Viaro Health | Phone: La Crosse: 608-668-2103 | Website: viarohealth.com |
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Free / Reduced Cost Dental

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| Affordable Dentures | Phone: Eau Claire: 715-855-1020 | Website: Dentures Dentists Affordable Dentures & Implants |
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| | Rochester: 507-529-9442 | |
| Black River Falls Dental Center | Phone: 715-670-0400 | Website: Black River Falls Dental Center (marshfieldclinic.org) |
| Scenic Bluffs | Phone: 608-654-5100 | Website: https://www.scenicbluffs.org/Services/Dental |
| WI Dental Association Donated Dental Services | Phone: 1-866-912-9840 | Website: https://www.dhs.wisconsin.gov/oral-health/programs/donated.htm |
| Free / Reduced Cost Medical | | |
| Community Care Clinics Bronston Chiropractic | Phone: 608-781-2225 | Website: https://bronstonchiro.com/ |
| Essential Health Clinic | Phone: 608-775-8390 | Website: Essential Health Clinic Planned Parenthood of Wisconsin, Inc. |
| La Crosse County Health Dept. WI Well Woman Program | Phone: 608-785-5753 | Website: https://www.dhs.wisconsin.gov/wwwp/index.htm |
| Neighborhood Family Clinic | Phone: La Crosse: 608-781-9880 Onalaska: 608-779-5323 West Salem: 608-518-3410 | Address: 1526 Rose St., La Crosse N5560 CTH ZM, Onalaska 1580 Heritage Blvd., West Salem Website: https://myfnclinics.com/ |
| St. Clare Mission | Phone: 608-392-9546 | Address: 916 Ferry St., La Crosse Website: Health Care (puentesbridges.org) |
| Hospitals | | |
| Gundersen Health System | Phone: 608-782-7300 | Website: www.gundersenhealth.org |
| Mayo Clinic Health System | Phone: 608-785-0940 | Website: www.mayoclinic.org |
| Other Healthcare Resources | | |
| Birthright | Phone: 608-782-0373 | Website: https://birthright.org/lacrosse |
| Health Intervention Programs - YMCA | Phone: 608-782-9622 | Website: Health Interventions – La Crosse Area Family YMCA (laxymca.org) |
| Vivent Health (AIDS Resource Center) | Phone: 608-785-9866 | Website: Serving all affected by HIV AIDS (viventhealth.org) |

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| Women, Infants & Children Program (WIC) | Phone: 608-785-9865 | Website: https://www.fns.usda.gov/wic |
| HOUSING | | |
| Emergency/Temporary | | |
| La Crosse Warming Center Catholic Charities | Phone: 608-782-0710 888-212-4357 | Address: 413 3 rd St. S, La Crosse Website: https://cclse.org/la-crosse-warming-center/ |
| Couleecap Transitional Housing Program For Homeless | Phone: 608-782-4877 | Website: Homeless Assistance - Couleecap Inc |
| Independent Living Resources | Phone: 608-787-1111 | Website: HOMELESSNESS ILR (ilresources.org) |
| New Horizons Domestic Abuse Shelter | Phone: 608-791-2600 | Website: www.nhagainstabuse.org |
| Salvation Army | Phone: 608-782-6126 | Address: 223 North 8 th St., La Crosse Website: Provide Housing - La Crosse Salvation Army |
| Veteran's Homeless Hotline | Phone: 877-424-3838 | Website: VA Homeless Programs |
| YWCA – Ophelia House | Phone: 608-781-2783 | Website: Supportive Housing - YWCA La Crosse (ywcalax.org) |
| YWCA – Ruth House | Phone: 608-781-2783 | Website: https://womensfundlacrosse.org/ruth-house/ |
| Age, Ability or Income-Based Housing | | |
| Affordable Housing in La Crosse | Phone: NA | Website: Low Income Apartments & Section 8 Waiting Lists (affordablehousingonline.com) |
| Cedar Court Apartments -income limits | Phone: 608-786-4101 | Address: 321 Wagon Drive, West Salem |
| Christopherson House -income limits or persons with physical disabilities | Phone: 608-782-4001 608-784-2935 | Address: 2121 Sims Place, La Crosse |
| Fox Hollow Senior Apts. -55+ or income limits | Phone: 608-526-4000 | Address: 990-1000 Linden Dr., Holmen |
| Greendale Apartments -income limits or adults with physical disabilities | Phone: 608-784-1381 | Address: 321 13 th Ave. S, Onalaska |
| Hidden Glen Apartments -income limits | Phone: 608-526-9026 | Address: 100 Holmen Dr. S, Holmen |

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| Heritage Haven -income limits, 62+ or persons with disabilities | Phone: 608-784-1381 | Address: 800 St. James St., La Crosse |
| Impact Seven Al Baldus Manor -income limits & mental illness Leo Fishman Manor -income limits & mental illness | Phone: 608-799-1898 | Address: 1320 Pinecrest Ln., Onalaska 1106 Wilson St., Onalaska |
| La Crosse County Housing Authority | Phone: 608-781-5365 | Website: https://www.lcha.net/ |
| La Crosse Housing Authority | Phone: 608-782-2264 | Website: https://lacrossehousing.org/ |
| Michael Heights -55+ or income limits | Phone: 608-782-4488 | Address: 420 5 th Ave. S, La Crosse |
| Mulder Apartments -55+ | Phone: 608-786-1600 | Address: 116 East Tilson St., West Salem |
| Page Manor -55+ | Phone: 608-780-7338 | Address: 1065-1077 Kristy Ln., Onalaska |
| Pinedale Apartments -62+ or persons with disabilities | Phone: 608-784-1381 | Address: 501 13 th Ave S, Onalaska |
| Ponderosa Apartments -income limits | Phone: 608-786-4101 | Address: 1709 Viking Ave., Holmen |
| Redwood Terrace Apts. -62+ or persons with disabilities | Phone: 608-783-6229 | Address: 812 Redwood St., Onalaska |
| River Oaks Apartments -income limits | Phone: 608-787-0200 | Address: 3460 East Ave. S, La Crosse |
| Salzer Square II -55+ or income limits | Phone: 608-782-0585 608-784-2935 | Address: 1224 8 th St. S, La Crosse |
| Schumann Apartments -income limits & mental illness | Phone: 608-782-4001 608-7884-2935 | Address: 617 Bennora Lee Court, La Crosse |
| Stonefield Manor -55+ | Phone: 608-779-4906 | Address: 1264 Cty Rd. PH, Onalaska |
| YWCA – Ruth House | Phone: 608-781-2783 | Website: https://womensfundlacrosse.org/ruth-house/ |
| LEGAL SERVICES | | |
| American Bar Association | Phone: 800-873-0927 | Website: American Bar Association |
| Legal Action of WI | Phone: | Address: 205 5 th Ave. S, Suite 300, La Crosse |

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| -La Crosse | 800-873-0927 | Website: www.legalaction.org |
| WI Equal Rights Division | Phone: 608-266-6860 | Website: https://dwd.wisconsin.gov/er/ |
| TELEPHONE / TECHNOLOGY ASSISTANCE | | |
| Federal Lifeline Assistance Program | Phone: 1-888-543-3620 | Website: Free Government Cell Phone Lifeline Program - Life Wireless |
| Safelink Wireless Cell Phone Program | Phone: 800-977-3768 | Website: SafeLink Wireless |
| Telecommunications Equipment Purchase & Assistance Plans | Phone: 608-231-3305 | Website: Funded Equipment Programs – Americans For Better Hearing (abhf.org) |
| TRANSPORTATION | | |
| Abby Vans (elderly & disabled) | Phone: 800-236-8438 | Website: Abby Vans Inc |
| Couleecap (Work-n-Wheels Program) | Phone: 608-423-6624 | Website: Work-N-Wheels Program Prescreen - Couleecap Inc |
| Dept. of Motor Vehicles -La Crosse | Phone: 608-264-7447 | Address: 9477 Hwy 16 East, Onalaska |
| Municipal Transit (MTU) | Phone: 608-789-7350 | Website: Municipal Transit (MTU) La Crosse, WI (cityoflacrosse.org) |
| Scenic Mississippi Regional Transit (SMRT) | Phone: 877-444-6543 | Website: Home Page (ridesmrt.com) |
| WI Equal Rights Division | Phone: 608-266-6860 | Website: https://dwd.wisconsin.gov/er/ |
| VETERANS SERVICES | | |
| Veterans Assistance Foundation | Phone: 608-372-1280 | Website: http://www.vafvets.org/ |
| Veteran Crisis/Suicide Prevention Line | Phone: 800-273-8255 | Website: http://www.veteranscrisisline.net/chat |
| Veterans Homeless Hotline | Phone: 877-424-3838 | Website: NA |
| Veterans Outreach & Recovery Program (VORP) | Phone: 608-881-9116 | Website: Home - Veterans Outreach Of Wisconsin (vovvillages.com) |

